The Yin and Yang of A.A.

The exciting fellowship was a God-given necessity when I first entered the doors of A.A. in Santa Monica, Calif., during 1970s. I was in such bad mental and emotional shape that a small gang picked me up because they weren’t sure I could find my way around Los Angeles. Later, they told me that I looked very mean, but then, they could easily see that I was just crazy—what love!

I am so glad that I attended meetings obsessively, because, otherwise, I might not have been given the blessing of continual sobriety. They say that surviving on the fellowship is “untreated alcoholism,” but I was not capable of anything else those first several months.

I felt as though the fellowship was the program of action and sort of gave short shrift to the Big Book Steps. A near slip and a new sponsor brought me to believe that the A.A. fellowship was one thing, but the A.A. program of action (the 12 Steps), was another. They co-exist like yin and yang; one is no good for continual sobriety without the other. A lesson well learned: “Don’t drink and go to meetings was not my answer!”

At six months sober my new sponsor rocketed me into and through the first seven steps and had me begin making amends from the Eighth Step list. I felt more confident, but still that mental obsession plagued me; anxiety was a daily companion. When was I to find relief? I began to have my doubts, but “I hung in there, like a tick on a hound dog,” as an old timer tagged “Ala-bam,” from the Studio City Club used to say to the newcomers. The result: At about a year sober, as I continued to connect the Fellowship (yin), concurrently with the Program (yang), I experienced a blessed release from that dreadful mental obsession, and it has yet to return. Thank you, God!

— Bob S., Richmond, IN

Supporting YOUR Central Office

Central Office provides many vital services to the A.A. community in Dayton as well as to the surrounding areas. Some of the services you have come to expect from the Central Office of Dayton are: publication of an annual directory of meetings, sale of A.A. and recovery-related materials, 24-hour phone service, centralized communications, along with a website that lists current events. These are just a few of the services your Central Office provides, and all of this support comes with related costs. Like any business, our overhead includes items such as payroll, rent, utilities, phone and internet services.

I mention these services and their cost to raise a point. Central Office is dependent on contributions to pay our bills so that we may continue to serve the A.A. community. Sadly, out of the 411 groups in our area, in 2017 only 156 groups made contributions. That equals just 38% of eligible groups contributing to support the hub that connects and supports ALL of A.A. in our area.

We are self-supporting through our own contributions. If we are going to have a Central Office that supports all of our A.A. community, we need all of our A.A. community to support Central Office.

Thank you to the groups that did make contributions this year. If your group isn’t listed in the Unity Newsletter as having contributed to Central Office, please speak to your treasurer and ask why contributions aren’t being made. Central Office of Dayton appreciates this effort and looks forward to being of service in 2018.

— Kim G., Office Manager

Send contributions to: Central Office of Dayton, 120 W. 2nd St., Suite 211, Dayton, OH 45402

Please include your group’s name on the check or money order.

---

NEW Unity Mailing Address
120 W. 2nd St.
Liberty Tower, Suite 211
Dayton, OH 45402
daytonunity@gmail.com

Central Office
120 W. 2nd St.
Liberty Tower, Suite 211
Dayton, OH 45402
(937) 222-2211
http://aadaytononline.org
centraloffice@aadaytononline.org
Unity subscriptions

Does YOUR home group subscribe to Unity?
Keep up to date with what’s happening in Dayton A.A. and beyond!
Unity subscriptions make a wonderful anniversary gift for sponsees.
Support your local A.A. newsletter and subscribe today!

Please return completed form, along with check or money order made payable to:
A Declaration of Unity
120 W. 2nd St.
Liberty Tower, Suite 211
Dayton, OH 45402

Sorry, no credit cards.

Questions? Contact Kim G. at Central Office, (937) 222-2211

For subscriptions of five or more newsletters, you have the option of not paying for postage and picking up your newsletters at the beginning of each month at:
Central Office, 120 West 2nd Street, Suite 211, Dayton, OH 45402

<table>
<thead>
<tr>
<th>Check One</th>
<th>Quantity</th>
<th>Annual Subscription Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Newsletter Mailed</td>
<td></td>
<td>$12.00</td>
</tr>
<tr>
<td>2 Newsletters Mailed</td>
<td></td>
<td>$14.25</td>
</tr>
<tr>
<td>5 Newsletters Mailed</td>
<td></td>
<td>$38.88</td>
</tr>
<tr>
<td>5 Newsletters Picked Up</td>
<td></td>
<td>$18.84</td>
</tr>
<tr>
<td>10 Newsletters Mailed</td>
<td></td>
<td>$65.16</td>
</tr>
<tr>
<td>10 Newsletters Picked Up</td>
<td></td>
<td>$36.24</td>
</tr>
<tr>
<td>20 Newsletters Mailed</td>
<td></td>
<td>$146.04</td>
</tr>
<tr>
<td>20 Newsletters Picked Up</td>
<td></td>
<td>$68.64</td>
</tr>
<tr>
<td>30 Newsletters Mailed</td>
<td></td>
<td>$183.00</td>
</tr>
<tr>
<td>30 Newsletters Picked Up</td>
<td></td>
<td>$102.00</td>
</tr>
<tr>
<td>40 Newsletters Mailed</td>
<td></td>
<td>N/A</td>
</tr>
<tr>
<td>40 Newsletters Picked Up</td>
<td></td>
<td>$137.28</td>
</tr>
<tr>
<td>50 Newsletters Mailed</td>
<td></td>
<td>N/A</td>
</tr>
<tr>
<td>50 Newsletters Picked Up</td>
<td></td>
<td>$169.68</td>
</tr>
</tbody>
</table>

Name: ____________________________________________
Group Name: (if applicable): __________________________
Club: (if applicable): ________________________________
Street Address: (if mailing): __________________________
City: __________________________ State: ______ Zip: ______
Contact Phone: __________________________ Contact Email: __________________________

~ 2 ~
<table>
<thead>
<tr>
<th>Step 1</th>
<th>Tradition 1</th>
<th>Concept 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>We admitted we were powerless over alcohol — that our lives had become unmanageable.</td>
<td>Our common welfare should come first; personal recovery depends upon A.A. unity.</td>
<td>The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.</td>
</tr>
<tr>
<td>“Quicksand stretched around me in all directions. I had met my match. Alcohol was my master.” — Bill W. Alcoholics Anonymous.</td>
<td>The word ‘unity’ seems to leap out from the above sentence. Considering the tremendously vital importance of our group unanimity it would appear that the remaining Eleven Traditions were specifically designed to solidify and encourage this practical concept. Just as the Twelve Steps unite us as sober members of the Fellowship, our Twelve Traditions unify our groups as they maintain their role in helping us get started, then keeping us on the beam. Without such cohesion, our fellowship would have become quite diverse and erratic — and probably nonfunctional — after these many years of existence. In regards to A.A. fellowship, I personally take two views: First there exists the ‘Fellowship,’ which includes any alcoholic who has a desire to stop drinking. Certain of these members may have little interest in the Twelve Steps or service, and may attend meetings weeks or months apart. Yet, so long as they maintain sobriety, they are considered members. Then there are those who exist in the Fellowship of the Spirit. These A.S.s become involved in the many activities the program of action has to offer. Bill W. writes about A.A.’s solution on page 17: “The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism.” The fact that we join in brotherly and harmonious action marks for me a high point of A.A. unity. I personally enjoy the fellowship of the spirit members who speak in page numbers, A.A. clichés, or historical A.A. events, I feel right at home. For yours truly, this style of A.A. unity is manna from Heaven.</td>
<td>At one time or another, you may hear people talk about the Twelve Concepts. Concept One is where we can begin to see that the Concepts are the way the groups are bound together for the good of A.A. as a whole. The Concepts are the guidelines for the overall service structure of Alcoholics Anonymous. The authority for this overall service structure — serving A.A. as a whole — rests in the collective conscience — the group conscience — of all the A.A. groups. The need for an overall structure to carry A.A.’s message became obvious early on. A.A.’s founders knew they needed to carry the message to other alcoholics in order to stay sober themselves. One important result of this drive was to write and publish the Big Book. While this fact is generally known, there was something else created early on to manage the work of the burgeoning Fellowship: the Alcoholic Foundation. The work of the Alcoholic Foundation is not nearly as well known and yet it was just as important as the Big Book in our growth and stability in the first fifteen years or so that we existed. Throughout the early years, the number of groups grew. They were often in contact with Bill and Dr. Bob, sharing group experience and seeking guidance for group problems. The founders in turn provided the critical communication link between the groups and the Trustees of the Alcoholic Foundation. With this guidance and input, the Trustees of the Alcoholic Foundation set policy and made decisions on behalf of the Fellowship as a whole. This communication system worked well until Dr. Bob entered his final illness. It became obvious that a structure had to be put in place to establish some form of direct communication between the A.A. groups and the Foundation, in order to replace the “perishable” link provided by the founders and earliest A.A. members. The Trustees needed to hear from A.A. members in order to set policy and manage finances effectively. Meanwhile, most groups had no idea of the existence of the Foundation nor any idea who the Trustees were, let alone what they did on our behalf. Both sides needed to communicate and they needed to communicate effectively. So in the late 1940s, the charge was led to develop a structure, which would transfer the authority the founders had exercised in providing guidance to the Alcoholic Foundation. And where would this authority transfer to? The groups themselves, where a loving God expresses himself in each group conscience! This is the broad message of Concept One: that the groups themselves – the collective conscience of the Fellowship as a whole – are responsible for the services that A.A. as a whole provides. In an amazing act of humility, the early A.A. members decided against creating a class of old-timers who would govern A.A. by advising the Board. They decided against creating a power structure and instead created a service structure based on the group conscience. The spiritual essence of the Concepts is found in the desire of the founders to give over their control and authority to the Fellowship, for good or for ill, to take care of A.A. as a whole. Concept One is where this begins. And, as always, more will be revealed.</td>
</tr>
</tbody>
</table>

— Jenny C. | — Bob S., Richmond, IN | — Laura G. |
**BIG BOOK QUIZ**

By Twila W.

1. The local banker watched me whirl fat checks in and out of his till with amused ____(p.4).
2. These ____ (p.24) and ugly facts have been confirmed by legions of alcoholics throughout history.
3. First, we searched out the flaws in our make-up, which caused our __ (p.64).
4. Our experience shows that you need not be ____ (p.44).
5. For by this time ____ (p.84) will have returned.
6. There was a sense of ____ (p.14), followed by such a peace and serenity as I had never known.
7. Some will be drunk the day after making their ____ (p.34), most of them within a few weeks.
8. What they say will apply to nearly everyone bound by ties of blood or ____ (p.104) to an alcoholic.
9. We found, too, that we had been ____ (p.54).
10. He may rebel at the thought of a drastic ____ (p.94) which requires discussion with other people.

---

**Poetry Corner**

Self-medicate your pain
Go right ahead
You’re the one truly filled with dread
Pick up the drink
Shoot up the mud
You’re not the one truly left in the mud
I understand
I hear your cry
But at a certain point
I can’t understand why
This isn’t about me but is about you
I’m doing all I can do
I won’t try to administer advice
Because my love cannot compete with your vice
I know you’ve been hurt
I know you’ve been scarred
I truly wish life wasn’t so hard
You can get help
When you’re ready you’ll know
So, for now I’m going to let you go.
However, I will continue to show
How we can do this together
Of that I am sure
With a guaranteed promise
You’ll be safe and secure
At the end of the day
when you lie down
I certainly hope it is peace you have found

— Elizabeth W.

---

**Surrender**

I give up. I quit. I ceased fighting everything and everyone.

The only time I’d ever even thought of the word surrender was when I watched the “Tom & Jerry” cartoon as a child. Tom often surrendered to Jerry because Tom was tired of losing to Jerry in the fight for dominance.

I’ve always been insecure, fearful, angry and suspicious.

In my relationships these parts of my character were at an all time high, and also even when I was single.

In this program of recovery I’ve learned a solution that’s constructive. I’ve recently realized I’ve always blamed others for my feelings.

After taking a look at myself, I’ve been practicing surrender whenever I have these feelings.

When I began to learn how to stay stopped drinking, I would say the Serenity Prayer over and over when that voice would say, “You do want a beer!”

Now when the voice says, “You are jealous or ____ (fill in the blank)” I say, “I surrender (to my Higher Power)” and I let go — even if I have to say it all day. It’s working! A.A. recovery WORKS. Willingness, following suggestions, working the Steps and acceptance works!

---

**Happy birthday to YOU!**

Most of us enjoy celebrating our sober birthday by receiving a token on our anniversary. Another tradition is to donate money to mark the date and show gratitude to the fellowship.

With gratitude in mind, Central Office had established the Birthday Club. A donation on your anniversary is a simple way of giving back to the program that has given so much to you.

Members will be invited to share in a cake served once each quarter at Central Office and will receive a free bronze anniversary token if they bring their contribution to the office in person.

For more information or to have an enrollment brochure mailed to you, contact Central Office at (937) 222-2211.

Here are birthday club members who have joined in the past three months. Thank you!

Howie H. 10-4-87  Jimmy J. 11-20-00
Janet W. 11-21-82  Alex S. 11-23-86
Naomi H. 12-14-07  Dalma G. 12-30-89

I apologize to our contributors for my falling behind on the Birthday Club postings. We at Central Office, appreciate your individual contributions. Thank you for your patience while we work out the kinks in our communications.

— Kim G.

---

**Our 21st Celebration of Recovery**

2018 Miami Valley Winter Conference
Saturday, March 3

The Irish Club
6555 Dog Leg Road, Dayton 45414

Joint AA/Al-Anon Conference

Still only $30

Doors open at 8:30 a.m. for registration.
First speaker about 9:30 a.m.

Speakers, not in order of appearance, include
Darryl M. - AA - Indianapolis, IN
Tom D. - AFG - Erlanger, KY
Tricia D. - AA - Dayton, OH
Kat P. - AFG - North Ridgeville, OH
Jeanette M. - AA - Dallas, TX
TBA — Alateen

Info: Robbin S. (937) 609-0659 or Carl G. (937) 271-0152

Register with form below or online at www.winterconference.com

Register by mail by Feb. 23 and get lunch included.
Make checks payable to MVWC, mail to MVWC, P.O. Box 252434, Dayton, OH 45429

When you register:

Name ___________________________ Meal choice ————
(circle one)
Address ____________________________ non-vegetarian
meal choice
Phone ___________________________ email ____________

Free —————— 4 ——————
Meetings seeking support

Have you started a new meeting? Does your meeting need support? Has your group changed location, time or format? Let Unity know!

Sunday, 7:30 p.m., Forest Park Group, O-L, Crossroads Club, 5235 Main St., Dayton. Needs Support

Monday through Friday, 6 a.m., Upon Awakening Group, O-D based on Daily Reflection reading Southside Club. 3040 Valleywood Dr., Kettering. Needs Support

Monday, 7 p.m. Monday Eve's Group C-D (Women) Fairmont Presbyterian Church, 3705 Far Hills Ave, Kettering.

Monday, 7:30 p.m. Chairman’s Choice, OD, Northside Fellowship Club.

Monday, 7:30 p.m. How It Works Group (ticket meeting) MOVED to Memorial Presbyterian Church, 1541 S. Smithville Rd., Dayton.

Monday, 8 p.m. Hilltop Group, St. Mark's Presbyterian Church 100 E. Main St., Fairborn.

Monday, 8 p.m. Bellbrook O-D, Centerbrook Club 4040 W. Franklin St., (Ohio 725) Bellbrook.

Tuesday, 4 p.m. O-88 Study at Southside Club. 3040 Valleywood Dr., Kettering.

Tuesday 7p.m. We Agnostics Too, O-D Meeting, Center for Spiritual Living, 4100 Benfield Dr., Kettering. OH NEW MEETING

Tuesday, 7:30 p.m. O-D Meeting Springboro Franklin Club, 778 West Central, Springboro.

Tuesday, 5:30pm Sober and Grateful Group O-D, One Elizabeth Place, Cincinnati and Albany Sts., Dayton, Room 135.

Wednesday, 7 p.m. Dunks and Donuts O-D., 15 S. St. Clair St., Dayton, OH 45402

Wednesday 7:30 p.m. O-L Trinity Lakeside Group has MOVED to the Westside Club, 3359 W. Second St., Dayton.

Wednesday, 8 p.m., Pass It On Group, O-CC First Presbyterian Church 1130 Highview, Fairborn.

Wednesday, 8:30 p.m., Sober Flyers, O-L, Kennedy Union, U.D. Room 311

Thursday, 4 p.m. Drop the Rock (Women's) book study, Southside Club, 3040 Valleywood Dr., Kettering.

Thursday, 7:30 p.m. O-D Meeting, Springboro Franklin Club, 778 West Central, Springboro.

Friday, 7 p.m., O-D Relationships in Sobriety, Southside Club, 3040 Valleywood Dr., Kettering.

Friday, 8 p.m. SOS Group Step meeting 12&12 first Friday, Sponsorship last Friday, Traditions & Steps in between. Englewood United Methodist Church 107 N. Walnut St., Englewood.

Friday, 10 p.m., Resolving Resentments, Northside Fellowship Club, 7079 E. Taylorsville Rd. Huber Hts., OH

Saturday, 11 a.m. Women’s Discussion, at the Westside Club, 3359 W. Second St., Dayton.

Saturday, Noon Before Saturday Night Group at Crossroads Club, 5235 N. Main St., Dayton.

Saturday, 12:30 p.m C-Step Study at South Side Club, 3040 Valleywood Dr., Kettering. Needs Support

Saturday 5:30 p.m. High Hopes Group, O-D, Centerville United Methodist Church, 63 E. Franklin St.

Saturday, 7 p.m. La Luz Group at 427 Steele Ave., Dayton. St. Mary's Center behind the church. It's open to all and is a Big Book CD study in Spanish. Needs Support

Saturday, 7 p.m. Saturday Night's Special Group Epiphany Lutheran Church, 6430 Far Hills Ave., Centerville.

Saturday, 7 p.m. Page Manor Group, Northside Fellowship Club. 7079 E. Taylorsville Rd. Huber Hts., NEW TIME

---

Service meetings

If your group doesn’t have an Intergroup Representative and a General Service Representative VOLUNTEER! Service keeps us sober!

Jan. 11 — Dayton Area Intergroup Meeting, NEW TIME: 7 p.m. NEW LOCATION: St. John Lutheran Church, 141 S. Ludlow St., at the corner of Fifth and Ludlow Sts. Parking behind the church.

Area 56 meetings — Important dates for 2018:

Jan. 21 — Committee Meeting (Noon to 2 p.m.)
Feb. 17 — Area Assembly (10 a.m. to 4 p.m. Mini-Conference preparation)
March 16, 17, 18 — Area 56 Mini-Conference
April 22 - 28 — General Service Conference, New York
May 19 — Area Assembly (10 a.m. to 4 p.m. Unity Day)
Sept. 15 — Area Assembly (10 a.m. to 4 p.m. Inventory)

---

Alco-Aides Club 2206 E. Third St., Dayton, OH

- Breakfast on Sundays, 8 a.m. to 9:45 a.m., before the 10 a.m. lead meeting. $5 buys eggs, home fries, bacon or sausage, toast or biscuits, juice and small coffee.
- Artists wanted to display artwork in our card room. Call Terry at 254-0067.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- You can rent the card room for as little a $10 for your event.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Free admission, family friendly event.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Kids will be here. Refreshments will be served. 8 p.m., KARAOKE — free, family friendly event.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
- Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0067.
Dec. 14 Dayton Intergroup minutes

CHAIR: John B, speedjb22@yahoo.com
SECRETARY: Sam K. daytonintergroup@gmail.com
VICE CHAIR: Kathy H. khasig@gmail.com
TREASURER: Jim T. intontobi@gmail.com

Welcome: John B. opened the meeting with the Serenity Prayer. Chuck R. read the Preamble and Scott read the Twelve Traditions.

Announcements: Westside Club will hold a candlelight meeting at 10 p.m. Dec. 17 and an Alco-thon Christmas Eve through Christmas Day.

November A.A. Birthdays: Scott 2 years, Tom M. 51 years.

New Representatives: No new reps.

Secretary’s Report: New Secretary, Andi R., was introduced and began her role at this meeting.

Treasurer’s Report:
Opening balance ........................................ $22,596.36
Deposits ........................................................ $2,343.47
Total Checks .................................................. $319.09
Closing balance ............................................. $24,620.74
Big Change from Small Change Balance ............... $2,755.80
CD Balance .................................................. $5,450.30

Big Change from Small Change Contributions
NOTE: Anyone taking meetings into correctional facilities may contact Central Office or the corrections chair for information on how to access this fund for literature.

Group Name Number YTD
A New Beginning ........................................... $424.12
Anonymous .................................................. $80.00
Dar’S. Can ................................................... $310.28
Englewood SOS Group ..................................... $14.81
Full Measures Group ........................................ $52.39
Keep It Simple – CRC ....................................... $35.00
Maple Grove .................................................. $28.47
No Name Group - Yellow Springs ......................... $154.00
Ontario Group .............................................. $68.00
Shared Beginnings Oakwood ............................... $218.48
Sharing Shes. ............................................... $279.34
Sisters in Sobriety – NFC .................................. $31.28
S.M.A.R.T. Group – CRC ................................. $84.24
Sobriety for Lunch Bunch ..................................... $233.15
Spiritual Maintenance – CRC .............................. $567.74
Springboro/Franklin .................. $468.77
Stepheads .................................................... $16.00
Thursday Night W. Carollton ......................... $50.00
Trinity East .................................................. $200.00
Treasure ............................................... $28.47
Trotwood ................................................... $295.91
Vandalia Thurs. AM ........................................ $151.46
Washington Church Group ............................... $28.47
Wed. Stillwater ............................................ $50.28
Zippo ....................................................... $136.00
Checks written ........................................... $38.00
Monthly Balance ...................................... $450.30

Ending Balance ........................................ $2,755.80

If your group collects Big Change money, you can drop it off at Central Office.

Central Office Report: Kim G.
November income was extremely low. Full report, Page 7.

Archives: Tom M.
- Archives is always looking for anything members would like to add to archives.
- Group histories are also much needed. As old-timers die, we are losing much local A.A. history.

Unity: Ann P. daytonunity@gmail.com
- First month under new business manager, Kim G., and new distribution manager, Rebecca E. went smoothly with guidance of former business manager/distribution manager Patty B.
- As always, please send all contributions by the 15th of the month through the link at aadaytonline.org or directly to daytonunity@gmail.com.
- Please subscribe or renew subscriptions this month.
- Unity will change its mailing address to the Central Office address, as of Jan. 1, closing the P.O. Box.
- Unity will be published in PDF form on daytonaonline.org with a one-month delay. The December issue will be posted when the January hard copy issue is distributed.

Public Information & Cooperation with the Professional Community: warren1t1a@gmail.com
Warren G. provided an extensive report on progress with this committee.
- Brookville High School presentations went well and Warren will reach out to other schools to see if they are interested in having someone come to speak about A.A.
  - Still need help placing pamphlets at area public libraries.
  - Morningstar, Nova House 28-day residential treatment center at 136 Heid Ave., still needs volunteers to chair meetings on Fridays at 1 p.m. Warren is working on getting enough reliable volunteers to create a rotation so that the commitment is only once every five weeks. So far this is working well and slots are scheduled through February. If you are interested, please contact Warren.
  - Dave B. is spearheading organization of a meeting at Access Hospital Dayton, 2011 Wayne Ave., Dayton, at 7 p.m. on Sundays. Volunteers will need to go through a background check. Women are needed to help carry the message. Contact Warren or Central Office for details.
  - St. Vincent de Paul Homeless Shelters in collaboration with a UD project started in 2012 are seeking an A.A. meeting at the men’s and the women’s shelters on Wednesdays from 5:30 to 6:30 p.m. Contact Warren for more information.
  - Responsible A.A. members are needed to explore the COAT Initiative at the Montgomery County ADAMHS Board at 9 a.m. the second Thursday of the month at 409 E. Monument Av., Suite 102. COAT stands for Community Overdose Action Team.

Correction: No report

Outreach: No report

Special Events: Phil B. pbkeyley@woh.rr.com
Phil and Howie H. will attend a lead in Cincinnati Dec. 26 to see if the speaker is a good fit for the May Intergroup Banquet.

Web: No report.

Membership: Angie J. Passed around signup sheet for next year’s meetings.

GSR: Chuck B. nlew@sbcglobal.net No report.

Grapevine: Robbin S. No report.
- Go to http://www.aagrapevine.org to explore what online Grapevine offers.

Old Business: Intergroup moves monthly meetings back to St. John Lutheran Church, Fifth and Ludlow Streets beginning in January and will change meeting time 7 p.m.

New Business: None

Next Intergroup meeting: Jan. 11 at 7 p.m. at St. John Lutheran Church, Fifth and Ludlow Streets, downtown. Free parking behind church.

Area 56 news

For most A.A.s, membership in a home group is important to their continuing sobriety and connection to A.A. as a whole.

The home group is where they learn to sustain friendships and get a sponsor who teaches them about the three legacies of service and the very basics of the service structure.

Through knowledge gained about A.A. history, they begin to understand that business meetings are where they cast their vote as part of the group conscience so their voice and opinions are heard.

The pamphlet “The A.A. Group” provides information on group organization and opportunities for service. The General Service Representative (G.S.R.) takes their opinion, voice, and vote to the District Committee Member and to the Area Delegate. This is a two-way street in which the G.S.R. also takes information from the District and Area back to the home group to promote A.A. unity, health and growth. This General Service Structure, designed by our founders, is what keeps A.A. strong and able to continue to serve all those seeking help in recovery from alcoholism. Some helpful reading might include Alcoholics Anonymous Comes of Age, Dr. Bob and the Good Oldtimers, and Pass It On, the story of Bill Wilson and how the A.A. message reached the world.

Ask if your group is registered. It is important for your group to send information to the General Service Office in New York, your district, Area 56, and local intergroup/Central Office. While local, area and national offices communicate regularly they have different mailing lists for different purposes. In gratitude, remember the Responsibility Statement – “When anyone anywhere reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.”

~ Jenny C. ~
Central Office October Report

TELEPHONE ACTIVITY
A.A. Related Calls .......................................... 379
Twelve Step Calls ........................................... 2
Al-Anon ......................................................... 7
Narcotics Anonymous ......................................... 6
Adult Children Of Alcoholics ................................ 5
Miscellaneous ................................................... 396
Total Calls ....................................................... 596

FINANCIAL SUMMARY
BEGINNING BALANCE ........................................ $13,631.86

INCOME
Group Contributions (includes Birthday Club) .... $2,870.59
Literature Sales ............................................... $4,220.28
Printing Reserve ............................................. $7,183.46
Refund from AT&T .......................................... $207.96
* Total monthly income ................................... $13,631.86
TOTAL ........................................................ $20,815.32

EXPENSES
Rent and Utilities ........................................... $385.00
Phone, listing, Internet- includes Night Owl ...... $207.96
Parking ......................................................... $154.00
Wages .......................................................... $2,445.43
Printing Expense ........................................... $115.72
Office Supplies and Expenses ......................... $155.93
Literature Purchases ....................................... $3,158.90
Postage-Freight ............................................. $24.99
Accounting Service & Legal Fees ..................... $137.50
Taxes-WH-State-Local-Sales Tax-BWC ............ $1,561.57
Merchant Services Expense ......................... $71.91
Conference Expense ..................................... $1,194.15
Charitable Trust Fee ....................................... $100.00
Grapevine Subscription ................................... $28.97
* Total monthly expenses ............................... $3,186.03
MONTH END BALANCE ................................. $104,685.67

* NOTE: November income did NOT cover November expenses. If your group does not support Central Office, Area 56 and GSO, ask why!

Dayton Area Central Office
120 W. 2nd St., Liberty Tower, Suite 211
Dayton, OH 45402
(937) 222-2211
http://aadaytononline.org
centraloffice@aadaytononline.org
Credit cards are accepted!
Monday through Friday, 9 a.m. to 4 p.m.
Saturday 9 a.m. to Noon
Books, CDs, tokens, jewelry, book covers

Help wanted to start meetings

St. Vincent de Paul is seeking A.A. members to start meetings at the Men’s Shelter at 2121 S. Gettysburg Ave. Dayton, OH 45417, and the Gateway Women’s Shelter at 120 W. Apple St., Dayton, OH 45402. These meetings are tentatively scheduled for Wednesdays from 5:30 to 6:30 p.m.
Contact Warren G. (937) 409-7560 or warren1984@gmail.com for information.

Kettering Behavioral Medical Center (KBMC) at 5350 Lamme Lane, Moraine, OH 45439 on Thursdays at 7:30 p.m. Contact Doug M. (937) 534-4648. Orientation will be given.

Central Office comparison for November 2017 vs. November 2016

<table>
<thead>
<tr>
<th></th>
<th>SALES</th>
<th>% CHANGE</th>
<th>CONTRIBUTIONS</th>
<th>% CHANGE</th>
<th>OVERALL</th>
<th>%CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 2017</td>
<td>$4,220.28</td>
<td>-9.6%</td>
<td>$2,870.59</td>
<td>-27.5%</td>
<td>$7,090.87</td>
<td>-16.8%</td>
</tr>
<tr>
<td>Y-T-D 2017</td>
<td>$63,259.78</td>
<td>+5.3%</td>
<td>$41,425.89</td>
<td>-3.8%</td>
<td>$104,685.67</td>
<td>+1.7%</td>
</tr>
<tr>
<td>Y-T-D 2016</td>
<td>$59,913.63</td>
<td></td>
<td>$43,012.14</td>
<td></td>
<td>$102,925.77</td>
<td></td>
</tr>
</tbody>
</table>

Central Office had a very slow month in November. In fact, it was the worst month for income this year. Central Office was down almost 10% in literature sales and down almost 28% in contributions compared to November 2016. Overall we were negative 16.8% for November when compared to last year.

The year-to-date numbers are more promising. We are up 5.3% in literature sales but almost 4% off the 2016 mark in contributions. The combination of sales and contributions for the year is slightly ahead of 2016 at 1.7% change or about $1,760 ahead of this time in 2016.

Good buys

Central Office of Dayton, Inc. has various types of literature and recovery related items for sale.

- AA Conference approved literature
- A variety of recovery related literature
- Lead CDs and Joe & Charlie CD sets
- Recovery related gift items that include key tags, bracelets, token holders and lapel pins, tokens both fancy and plain.

Whether it’s reading material, meeting guides, tokens, or gifts, your Central Office has a great selection of items for sale. Stop by soon and shop local!

MARIA STEIN MEN'S RETREAT
JAN. 19-21, 2018
for Men in Recovery & Men with Families in Recovery
at the Spiritual Center of Maria Stein
2365 St. John's Rd., Maria Stein, OH 45860
(419) 925-7825
Maria Stein is 45 minutes North of Dayton

The Spiritual Retreat Center of Maria Stein is a beautiful, idyllic place that many people have found to be a serene location for prayer and meditation, and a place to get closer to their Higher Power. For twenty years this has been a popular small winter retreat. “Drop the Rock-The Ripple Effect”

Books will be available. Bring your own copy if you have one.

Cost: $120 for private room and all meals provided
Bring a treat to share for the weekend.

Reservations: Contact Karl L. (419) 953-7890 or Pat T. (937) 573-9426 before Jan. 17, 2018

Mail payment to: Karl Lengerich, 314 E. Spring St., New Knoxville, OH 45871

Name: ________________________________________________
Address: ______________________________________________
City, State, ZIP: _________________________________________
Email: ____________________________________________ Phone: ____________________________
November Contributions
NOTE: Groups that did not contribute in the past 12 months will not be listed until they contribute.

CLUB .......................... November .......................... YTD

ALCO AIDS
Saturday "Paddy Bird" $9.00 $184.80

CROSSROADS
Altitude Adjustment $150.00 $270.00
Forest Park $120.00
It's In The Book $180.00
Keep It Simple $42.00
Noon Ego Busters $81.35
S.M.A.R.T. $40.00 $135.00
Sat. Before Sat. Night $24.16 $76.96
Spiritual Maintenance $265.44
This is Your Meeting YPAA-DAY $123.00
Thurs. Serenity $88.23
Time for Joy $30.00
We Care Group $255.84
Wed. Night Men $150.00
Wed. Night Women $-
Woman To Woman Saturday $125.00
Big Book Study Group 5:30 CR $-
Woman To Woman Saturday $125.00
NORTHSIDE FELLOWSHIP
A Message Of Recovery $180.00
As Bill Sees It $60.00
Beginner Meeting $120.00
Bill W. Big Book Disc. $180.00
Celebrating Sobriety $72.00
Chairman's Choice Monday $-
Daily Reprieve Group $120.00
Deeper Reel $60.00
Discovery Group $60.00
Keep It Simple $-
Monday AM $80.00
New Beginning $120.00
Open Discussion Saturday $-
Page Manor $60.00
Sisters In Sobriety $120.00
Steps Tuesday $60.00
Sunlight Of The Spirit $-
Take The Steps-Elevator's Broke $60.00

SOUTHSIDE
3 M Men's Discussion $360.00
541 Group $84.00
A Way Of Life $60.00
Acceptance Group $-
Beyond Group Wed AM $360.00
Big Book Friday $-
Bigger Things Life Group $36.00 $88.00
Bring Yr Own Brown Bag $80.24
Chairman’s Choice Thrus. $160.00
Forward Step $-
Gaay Group $150.00
Happy Hour $229.00
Joe & Charlie $90.00
Just Say Noon $-
Leiting Go $131.10
Newcomers Group $77.40 $77.40
Nothing Else Worked Step $-
One day At A Time $200.00
Over The Hump Step $120.00
Self worth Group $60.00
Serenity Sunday Morning $617.86
Sharing She's $371.00
Singles Group $-
Sister's Step Study $130.00
Sunday Afternoon Step Group $-
Wednesday Noon Step $149.00
Women's Sober Connection $72.00
You Are Not Alone $-
Southside (Non-Smoking) $40.00

SPRINGBORD/FRANKLIN

Franklin 12 Steppers $-
Living in the Solution $170.40
Mid-Day Sobriety Groups $229.80 $1,049.14
WESTSIDE CLUB
A Way Of Life $162.48
Beginner’s Group $-
Big Book Disc Sunday $128.00
Sunday Morning Delights $78.00
NON-CLUB GROUPS
A B Big Book Study Thurs $-
A Vision For You $1,281.00
Acceptance In The Heights $351.00 $1,059.00
Afternoon Delight $-
Aley-Bayer Acceptance Thurs $225.87
Back To Basics Beginners $-
Back To The Basics $30.00
Beavercreek Pass It On $-
Beavercreek Wed Night $100.00
Belbrough Monday Night $93.00
Bill's Bunch $383.00
Brown Bag CEC $60.00 $420.00
CADAS Group $42.00 $148.19
Coldwater Friday Night $100.00
Complete Abandon $120.00
Downtowners Day $126.00
Eaton Tues & Thurs $-
Englewood Friendship Group $-
Evening Of Hope $58.80 $400.33
Fairborn Flimsy Reed $450.00
Fairborn Group Tues $170.00
Fairborn Hilltop Disc $-
Fairborn Just Us Gals Getting Sober $285.60
Fairborn Noon Group $-
Fairborn Working On It $187.25
Fairbown St. Mark's Tues $25.00
Fort Serenity $-
Friday Night Live $9.22
Germantown Group Friday $250.00
God Help Us-New Carisle $120.00 $240.00
Grapevine At Brookville $-
Greeneville - Do Not Take So Ser $25.00
Greeneville - Brown Bag $25.00
Greeneville - Easy Does It $-
Hart Street $705.00
Harvest Of Hope $378.10
Honey Creek $80.00
Hot Stove Group $22.50
How It Works $888.00
Huber Hts. Aloha At The Gate $-
Huber Serenity $303.70
Huber True Ambitions $180.00
I Can Group $300.00
In the Heart Of It All $297.60
Introductions To The Steps $36.00
Jacksonburg Group $-
Jansen Center $-
Kottering Rebels $202.00
La Luz $-
Lampighter Spiritual Group $-
Language Of The Heart $94.65
Lebanon 12x12 $28.00
Lebanon Discussion Group $-
Lincoln Park $60.00 $286.59
Maple Grove Group $660.00
Medway Full Measure Group $300.00
Miamusbig Book Disc $113.32
Miamusbig Burg Group Sun $68.14 $369.47
Miamusbig New Hope $-
Miamusbig One Step Closer $1,034.00
Midtown Spiritual Maintenance $14.80
Minster Down to Earth Group $50.20
Montezuma 12 & 12 $262.60
Moon City Wapak $60.00
Needmore Sobriety $390.00
NewCarlisle 12x12 $-
New Lebanon $120.00 $351.00
Nutt Rd Fri $182.10
Nutt Rd Thurs $91.50
Nutt Rd Tues $-
One Day At A Time ODAT-Kett $200.00
Ontario Group $283.00
PAL Group $77.40 $45.60
Pass It On - Fairborn $131.00
Saturday's Special $500.00
Shared Beginnings Oakwood $900.00
Sidney Noon $1,240.00
Sidney Primary Purpose $-
Sidney Wednesday Night $-
Sobriety For Lunch Bunch $162.92
Springfield-Friday Nite Live $-
St. Francis $300.00
St. George's Sponsorship/Step $-
St. Marks Group $360.00
Step Heads $210.00
Study The Solution $180.00
Sunday Big Book $-
Thanks for Being There $30.00
The Good Shepard Group $-
This Chip of a Book $130.61
Thomas Howard Group $-
Tipp City Group $-
Trinity East $238.00
Trinity Lakeside $60.00 $175.00
Trotwood Group $540.61
Troy Green and Growing $163.89 $455.64
Troy Spirituality Thurs $-
Trinity Sunday $155.00
Troy- Saturday Morning Men's $140.00
Troy- Wed. 12 & 12 Group $58.00
Troy-The Best Is Yet To Come $250.00
Unity of Spirit $-
Valley Group $199.20
VAMC Group VA Center $120.00
Vandalia Fri Night $1,700.00
Vandalia Thurs AM $225.00 $1,680.00
Washington Church Road Group $504.44
Wed Women Grp, Aldersgate $210.00 $146.58
Welcome Back Step $715.00
West Alex Tues. Noon $200.00
West Carrollton- Living Sober $16.00
West Carrollton Step Tues $200.00
West Carrollton Thurs $1,286.95
West Milton Monday $100.00 $1,238.72
Wilmington Just Be There $-
Wilmington-Put It together/Keep It together $106.50
Women's Group $-
Women's Under Construction $240.00
Working On It $-
Xenia Country Club B.B. $-
Xenia Early Risers Tue/Thur/Fri $180.00 $420.00
Xenia Grow Up $120.00
Xenia Hope Shot $90.00
Yellow Springs No Name $213.87
Yellow Springs Steheads $-
Yellow Springs Sunday $402.34
Zippo Group $720.00
Memorial - Sheryl B. $30.00
Memorial - John T. $50.00
Tues. Nite Men's NFC - CLOSED $53.93
Linda R $102.00
Memorial- Bill E. $60.00 $10.00
Memorial- Rueben B. $25.00
Birthday-Alexander S $25.00 $25.00
Birthday - Janet W $35.00 $35.00
Christmas-Jimmy T $20.00 $50.00
YPAA $10.00
Anonymous $21.00
Saturday A.M. VA Meeting $252.00 $252.00
Total $2,870.59 $40,842.76