Seeing Step 4 from a different angle

There are many ways to do a Fourth Step. I’ve done them out of the Big Book, the Twelve and Twelve, versions from other anonymous groups and some as simple as listing the seven deadly sins and how each of them is hurting my life. But for me the dread of doing a Fourth Step evaporated when I viewed it as a business deal.

My first job in high school, other than babysitting, was taking inventory in a card shop. I was told to put damaged greeting cards or those without envelopes into a bin and return the good ones to the shelf. I didn’t get frightened or sentimental or ashamed about those poor cards about to be recycled.

I can look at my defects the same way. They no longer serve a purpose, they’re not worth hanging onto, and they certainly don’t help me. So into the bin they go, and my sponsor, in Step Five, will help me empty the reject bin! No pain, lots of gain!
Thank God for A.A.
— Ann P.

Sponsoring via the Big Book

Some years ago, out in Hollywood, California, I was asked to sponsor a guy named Tom. However, I declined by informing him that I was only two years sober, to which Tom replied, “Well, that’s all I want!”

What to do? I had been studying the Twelve Step directions from the Big Book, so I decided it might work out if we stuck to those clear-cut directions, page-by-page.

After all, Step Twelve doesn’t say that I am to carry my message — my sponsor’s message — what I think message, etc., but it says to carry THIS MESSAGE — I believe that means the one in the Big Book.

Confidence restored, I proceeded full speed ahead and the vital Big Book message was successfully carried.

Since then I have only one authority as an active sponsor: the Big Book program of action. Being a history-minded sort of guy, I have spent many years studying the ingredients and suggestions of the A.A. Program.

A place to start was a November 1934, “kitchen table” meeting between Ebby Thacher and Bill Wilson (pg. 9): Ebby told of a simple religious idea (A vital spiritual experience), and a practical program of action (The Oxford Group’s Four Absolutes, etc). Bill had the idea that his gin would outlast Ebby’s preaching, but it did not — a week or so thereafter, Bill checked back into Towns Hospital never to drink again.

On Dec. 14, 1934, Bill, while lying in bed, went through the essential elements of our now Twelve Steps (pg. 13). By 1936 these ideas (tenets) became what was then known as the six-step program (read pg. 263). Although similar, there were several versions of these.

Bill W. started writing the Big Book manuscript during the spring of 1938, and by December had completed the writing of all Twelve Steps. However, his manuscript was altered somewhat dramatically in January of 1939 and included our Twelve Steps of today.

But guess what — it worked! We then had maybe one hundred members, but now over two million are staying sober by their use. Thank God I had these guidelines when I sponsored Tom so many years ago.
— Bob S., Richmond, IN

Before you take that drink

Postpone the drink. You undoubtedly have character defects such as procrastination, sloth, laziness, denial, and fear. So, USE THEM right now by postponing that drink.

Stay away from alcohol. If you are in a bar or a place where liquor is available, leave.

Pray. Ask your Higher Power to remove the obsession to drink.

Call sober people. Tell them that you want to take a drink. Give your sponsor a call, or call anyone who can help, even Central Office 222-2211. The number is answered 24/7.

Read A.A. literature. Try the Big Book, the 12&12, pamphlets or other material.

Write a gratitude list. We get so hung up on what we lack, we fail to “count our blessings.”

Write a harms prediction. If you drink, who is going to get hurt? Besides yourself, how about your family, your work, and those who depend upon or respect you?

Write a "rewards" from relapse list. If you are gripped by the desire to drink, put the burden of proof on that drink. What is it going to do for you that is worthwhile? Are you really ready to throw away your sobriety for a drink?

Do an anonymous act of kindness. Get out of yourself and help someone else.

— Anonymous
Statement of purpose
A Declaration of Unity is the monthly newsletter of the Dayton, Ohio, and Area A.A. Intergroup. Opinions contained in articles are strictly those of the authors. Announcements are informational only. Publication of opinions, articles and announcements does not represent expressed or implied endorsement or approval by Alcoholics Anonymous at any level. Material identified as from A.A. Conference-approved literature or the Grapevine is reprinted with permission. The editors try to validate all contributions and cite sources when known.

Subscription information
A subscription form is posted on our website: www.daytonaonline.org or contact Central Office Manager, Kim G., at 937-222-2211 to subscribe.

Article submissions
Deadline for submission of articles, announcements, etc. is the 15th of the month prior to publication. Articles cannot be returned unless accompanied by a stamped, self-addressed envelope. We reserve the right to edit submissions for clarity, proper language, length, and contents that violate A.A. Traditions.

Please mail material to: Unity, 120 W. 2nd St., Liberty Tower, Suite 211 Dayton, OH 45402

E-mail guidelines
- E-mail articles and announcements to: daytonunity@gmail.com
- Please send attachments using plain text or Word (items will be edited to fit the newsletter format and might not appear as you send them).
- Confirmations will be sent only if requested.

Seeking 12th Steppers
Central Office maintains a list of volunteers willing and able to perform 12th Step work. It is recommended that volunteers have at least one year of continuous sobriety and be accessible by phone. Some examples of the work performed include, but are not limited to:
1. Talking over the phone to a person in need.
2. Visiting a detox patient who is in a hospital or nursing home.
3. Meeting with someone in person. (Always take someone with you.)

Central Office staff contacts you when there is a request for help. If you are available, you are provided with the details you need to make the call or visit.
To sign-up contact Central Office at 222-2211, or email at centraloffice@aadaytononline.org

Loveland Gratitude Group
38th Anniversary
Tuesday, April 24
Loveland High School (cafeteria)
1 Tiger Trail
Loveland, OH
6:30 Fellowship
7 p.m. Dinner
8 p.m. Lead (speaker TBA)
Please bring side dish or dessert to share, chicken and coffee provided

OYPAA needs YOU
Want to get involved with young people in A.A.? Be part of the host committee for the 2018 Ohio Conference of Young People in A.A.
The conference will be at the Great Wolf Lodge in Mason, OH, Sept. 14-16. There is no age requirement, just an open mind.
The committee meets twice a month on Sundays at 4495 Salzman Rd., Middletown, OH 45044. Call (937) 286-7244 for more info. Register online at oypaa37.org.

12 Traditions applied to relationships

The 12 Traditions are often described as the glue that holds our groups together. But they are more than that. At any time two or more people interact, whether it’s in A.A. or out in the world, the Traditions can help smooth relationships. Here is an example of how the Traditions can work in all our affairs.

1. Our common welfare should come first; a healthy relationship depends upon unity.
2. For our family or relationship purpose, there is but one ultimate authority — a loving God as He may express Himself in our informed family conscience. Each member is God’s trusted servant and no one governs.
3. Two or more persons, when gathered together for mutual benefit, may call themselves a relationship. The only basic requirements for a good marriage or relationship are mutual desire to be in the relationship and a willingness to make the relationship work.
4. Each partner should be autonomous except in matters affecting the other partner, the family or society as a whole.
5. Each marriage or relationship has but one primary purpose - to serve as an expression of God’s love.
6. A partner ought not to be overly supportive spiritually, emotionally, or physically to the marriage or relationship, lest problems of ego or gratification divert us from the primary purpose.
7. Each partner ought to strive to be fully self-supporting physically, emotionally, and spiritually.
8. Our marriage or relationship should remain forever a free, giving relationship — one to the other. In a healthy relationship we do not keep score.
9. A family or a relationship should be pliable in its organization but our group conscience may appoint certain persons to serve various functions and to be directly responsible to those they serve.
10. A relationship should avoid heated controversy.
11. Each partner best conveys his or her beliefs and philosophy by attraction rather than promotion. Anonymity is a valuable asset to the marriage or relationship.
12. Selflessness is the spiritual foundation of our way of life as marriage partners or friends, ever reminding us to place principles before personalities, and the main principle in a relationship is unselfishness. Our greatest gift is to be of help to one another and we can't do that if we are selfish.

From a talk in June 1996 by Mary Pearl T. of North Little Rock, AR.

Some things my sponsor taught me
- Get your coffee before the meeting and keep your butt in the chair. It's a distraction to others to keep getting up while the meeting is in progress.
- Cut the side conversations. If someone is speaking, listen. You might learn.
- Support your group. Be sure you contribute when the basket is passed. Volunteer to do service work, chair, make coffee, welcome newcomers.
- Put at least as much effort into A.A. as you put into drinking.

So far these lessons and other lessons have helped me feel part of A.A.
Step 4

Made a searching and fearless moral inventory of ourselves.

An abbreviated and simplistic review of the first three steps; Step 1 “I can’t,” Step 2 “he can,” and Step 3 “let him.” Having taken these steps to heart it’s now time to clean our side of the street.

Page 64 of the Big Book states “Though our decision (Step 3) was a vital and crucial step, it could have little permanent effect unless AT ONCE followed by a strenuous effort to face, and be rid of, the things in ourselves which had been blocking us. Our liquor was but a symptom.”

How many times have we seen 1, 2, 3, out, 1, 2, 3, out. It’s like a bad football game, all defense and no offense. Now is the time to go on the offense, but how? Though this may be the simplest of steps it’s often the one most complicated by the alcoholic mind. I know it was for me.

Using the k.i.s.s. (keep it simple, stupid) method, I was able to break this step down into its basic parts. On a piece of paper I drew 4 columns. In column #1 we listed people, institutions or principles with whom we were angry (B.B., pg.64). Once finished with that, in the second column we asked ourselves why we were angry (pg.64) and placed a few words or short sentence next to each entry in column one. In column three we listed our injuries. “Was it our self-esteem, our security, our ambitions, our personal, or sex relations, which had been interfered with?” (pg.65). Nothing counted but thoroughness and honesty. In column four, arguably the most important, we “put out of our minds the wrongs others had done and resolutely looked for our own mistakes” (pg.67). Where were we to blame? What had been our part, what had been our faults?

Remember this is just a list on paper, nothing more. Also this is a moral, not an immoral, inventory. Not everything we put down is, or was, wrong. We are not bad people trying to get good, but sick people trying to get well.

— Troy A., Liberty Township, OH
(Reprinted from March 2013 Unity)

Tradition 4

With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

If you have been around our great fellowship for even a little while you have probably heard it said there is no "right or wrong" way to hold a meeting. To many that saying may ring true. How great is this life saving fellowship for allowing such freedom of choice?

However, to steal the words of a good friend, “having made a loving evaluation” since I claimed my seat; I have seen how a group can cease carrying the A.A. message if it strays too far from A.A.’s traditions.

The curious, desperate, and naive who are generally but not always newcomers are the ones who typically fall prey to such practice.

Contrary to sometimes reigning wisdom, Tradition Four was not developed to allow A.A. members or groups, at any level of service, the immense freedom to use the autonomy of Tradition Four to violate the other traditions.

Other than that, groups have the freedom to design their meetings to meet the needs of its members. This does — and I think should — result in a wide variety of formats.

For more information and a better understanding of this and all the traditions, please take a look at A.A.’s Twelve Steps and Twelve Traditions book, “The A.A. Group” and “Twelve Traditions Illustrated” pamphlets, and the Grapevine Traditions Checklist.

— Garwood F. Piqua OH
(Reprinted from March 2013 Unity)

Concept 4

At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

The General Service Conference is populated in a most interesting way. There are 93 Delegates from the U.S. and Canada, 21 Trustees, 4 Directors and 16 Staff members. The total voting members are then 134 individuals. To clarify some of these items such as the Trustees, 7 are Class A or Non-Alcoholic individuals selected for their professional background and willingness to volunteer a lot of time to serve our fellowship.

We also have 14 Class B Trustees (Alcoholic) and these are a mixture of some selected for their professional background and some selected by the various regions in the United States and Canada. The four Directors are again alcoholics and are asked by our Trustees to join in service to either the Alcoholics Anonymous World Service Board or the Alcoholics Anonymous Grapevine Board as experts in various needed areas. The 16 staff members include two members of the Grapevine staff, and the 14 GSO staff members charged with direct communications with the fellowship.

The mix or proportion of the various groups is, to me, quite important. With a total number of 134 voting members, a two-thirds majority is 89 and there are 93 Delegates. This proportional mix is important in that the groups have potentially enough representation to overrule decisions of the GSO staff or our Board of Trustees.

The GSO staff has a voice and a vote at our General Service Conference because of the work they do for the fellowship. On any given day these selected staff members are in contact with A.A. members and others concerned with issues affecting our fellowship.

— Mark E., Lebanon, OH
(Reprinted from March 2013 Unity)
**BIG BOOK QUIZ**

By Twila W.

1. Your man should be on his ___ (p.146) to make good.
2. ___(p.xv 3rd Ed.) years have elapsed between our first printing of this book and the presentation in 1955 of our second edition.
3. But for the grace of God, there would have been thousands more convincing (p.25).
4. I began to wonder, for such an appalling lack of ___(p.5) seemed near being just that.
5. We think it dangerous if he rushes headlong at his ___(p.126) problem.
6. ...and the major ___(p.156) of thirty years of hard drinking have been repaired in four.
7. ...we are perhaps not well equipped to apply the powers of good that lie outside our ___(p.xxv3rdEd.) knowledge.
8. He agreed he was a ____ (p.35) alcoholic and in serious condition.
9. It is a design for ____ (p.15) that works in rough going.
10. He knows the alcoholic as the ___(p.136) sees him.

**Happy birthday to YOU!**

Most of us enjoy celebrating our sober birthday by receiving a token on our anniversary. Another tradition is to donate money to mark the date and show gratitude to the fellowship.

With gratitude in mind, Central Office had established the Birthday Club. A donation on your anniversary is a simple way of giving back to the program that has given so much to you.

Members will be invited to share in a cake served once each quarter at Central Office and will receive a free bronze anniversary token if they bring their contribution to the office in person. For more information or to have an enrollment brochure mailed to you, contact Central Office at (937) 222-2211.

We have two Birthday Club Members who each gave an individual contribution to Central Office this month. Please congratulate these men on their sobriety and their generosity.

John C. 1-23-80  
Rex R. 2-25-83

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**Dayton Women’s Workshop**

**April 27 - 29**

Connect with FaceBook and download a registration form at “Dayton Women’s Workshop at Butler Springs” location.

For more information, contact Elaine L. at (908) 209-3022 or Vicki G. at (937) 926-2820 or email Daytonww2018@gmail.com

**Location**

Butler Springs Christian Camp, 3701 OH 41 Hillsboro, OH 45133 is located off a scenic country highway and is **out of cell phone and GPS range.** Lodging is available in four community cabins with four bedrooms in each cabin that hold 8-10 beds per bedroom. All cabins have a shared living room and kitchenette including refrigerator and microwave. There is some walking on slightly uneven ground to reach meeting and dining sites. Five meals in an air-conditioned dining hall will be provided, women are asked to bring a snack to share in their cabin.

**The Cost**

Cost for the weekend, which includes meals and lodging, is $80. There are four RV hookups with electricity, room for RVs without electricity and tent camping all for the same cost of $80. Firewood will be provided for all wanting to camp. A **NON-REFUNDABLE** deposit of $40 must accompany the registration. The remaining $40 must be paid upon arrival at the workshop. Registrations are transferrable, but **not refundable.** **REGISTRATION AND SHIRT PRE-ORDERS ARE DUE BY APRIL 14.** Any registration submitted after April 14, 2018 will be charged a **$10 late fee** and be placed on a first come, first served list as room allows. A map and schedule will be included with your registration confirmation letter.

**Partial Scholarship**

Partial scholarships are on a first come, first served basis. Please submit a written request for a partial scholarship with your fee deposit of $40. All scholarship requests MUST be received by **April 1. One scholarship per person per lifetime.** The entire amount, $40, must be sent with the request to qualify. Please be considerate of others when requesting a partial scholarship. **NOTE: If you have requested a partial scholarship and send additional money for a T-Shirt or Hoodie ALL money will go towards your registration.**

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**Doc John’s 37th Annual Memorial Day Picnic May 28**

Family-Friendly Event.

Bring a covered dish & something to cook on the grill.

Indian Riffle Park is off Stroop Road, Kettering, OH.

Come to the shelter closest to the road. Rain or shine.

Cooking begins at noon,

Questions: daleeman@yahoo.com  
Al-Anon & A.A. Lead Meeting begins at 3 p.m.

**Sobriety Countdown**

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**Outcasts MC**

425 Hunter Ave, Dayton, OH

**Hog Roast & Poker Run May 19**

**Pig & Fixin’s at 5 p.m.**

All you can eat $15

Open Lead meeting at 7 p.m.

Poker Run registration starts at noon  
$5 per person, extra card $5

1st bike out at 1 p.m., last out 1:30 p.m.

Live band: Higgins Madewell

More info: (937) 222-0578
Meetings seeking support

Have you started a new meeting? Does your meeting need support? Has your group changed location, time or format? Let Unity know!

Sunday, 7:30 p.m., Forest Park Group, O-L, Crossroads Club, 5235 Main St., Dayton. NEEDS SUPPORT

Monday through Friday, 6 a.m., Upon Awakening Group, O-D based on Daily Reflection reading Southside Club. 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Monday, 7 p.m., Monday Eve’s Group C-D (Women) Fairmont Presbyterian Church, 3705 Far Hills Ave., Kettering. NEEDS SUPPORT

Monday, 7:30 p.m., How It Works Group (ticket meeting) Memorial Presbyterian Church, 1541 S. Smithville Rd., Dayton. NEEDS SUPPORT

Monday, 8 p.m., Hilltop Group, St. Mark’s Lutheran Church 100 E. Main St., Fairborn. NEEDS SUPPORT

Monday, 8 p.m., Bellbrook O-D, Centerbrook Church 4030 W. Franklin St., (Ohio 725) Bellbrook. NEEDS SUPPORT

Tuesday, 4 p.m., O-BB Study at Southside Club. 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Tuesday 7p.m., We Agnostics Too, O-D, Center for Spiritual Living, 4100 Benfield Dr., Kettering, OH. NEEDS SUPPORT

Tuesday, 7:30 p.m., O-D Meeting Springboro Franklin Club, 778 West Central, Springboro. NEEDS SUPPORT

Tuesday, 5:30 p.m., Sober and Grateful Group O-D, One Elizabeth Place, Cincinnati and Albany Sts., Dayton, Room 135. NEEDS SUPPORT

Wednesday, 7 p.m., Dunks and Donuts O.D., 15 S. St. Clair St., Dayton, OH 45402 NEEDS SUPPORT

Wednesday 7:30 p.m., O-L Trinity Lakeside Group has NEEDS SUPPORT to the Westside Club, 3359 W. Second St., Dayton.

Wednesday, 8 p.m., Pass It On Group, O-CC First Presbyterian Church 1130 Highview, Fairborn. NEEDS SUPPORT

Thursday, 4 p.m., Drop the Rock (Women’s) book study, Southside Club, 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Thursday, 5:30 p.m., O-D You Are Not Alone, at South Side Club, 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Friday, 5:30 p.m., O-D Joe and Charlie, Southside Club, 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Friday, 7 p.m., O-D Come As You Are, St. Paul United Methodist Church, 301 E. Main St., New Paris, OH 45347 NEW MEETING

Friday, 7 p.m., O-D Friday Night Sobriety, Southside Club, 3040 Valleywood Dr., Kettering. NEW NAME — NEEDS SUPPORT

Friday, 7:30 p.m., I Can Group at Miami Valley Hospital. NEEDS SUPPORT

Friday, 8 p.m., SOS Group Step meeting 12&12 First Friday, Sponsorship last Friday, Traditions & Steps in between. Englewood United Methodist Church 107 N. Walnut St., Englewood. NEEDS SUPPORT

Saturday, Noon, Before Saturday Night Group at Crossroads Club, 5235 N. Main St., Dayton. NEEDS SUPPORT

Saturday, 12:30 p.m., C-Step Study at South Side Club, 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Saturday, 1 p.m., La Luz Group at 427 Steele Ave., Dayton. St. Mary’s Center behind the church. It’s open to all and is a Big Book CD study in Spanish. NEEDS SUPPORT

Saturday, 4 p.m., O-D Self Worth Group, Southside Club, 3040 Valleywood Dr., Kettering. NEEDS SUPPORT

Saturday, 7 p.m., Saturday Night’s Special Group Epiphany Lutheran Church, 6430 Far Hills Ave., Centerville.

Saturday, 7 p.m., Drop the Rock, C-D, NEW MEETING, Crossroads Club, 5235 N. Main St., Dayton.

Saturday, 7 p.m., Page Manor Group Joe and Charlie, Northside Fellowship Club. 7079 E. Taylorsville Rd., Huber Heights, NEW TIME

Service meetings

If your group doesn’t have an Intergroup Representative and a General Service Representative VOLUNTEER! Service keeps us sober!

April 12 — Dayton Area Intergroup Meeting, NEW TIME: 7 p.m. NEW LOCATION: St. John Lutheran Church, 141 S. Ludlow St., at the corner of Fifth and Ludlow Sts. Parking behind the church.

Area 56 meetings — Important dates for 2018:

April 22 - 28 — General Service Conference, New York

May 19 — Area Assembly (10 a.m. to 4 p.m. Unity Day)

Sept. 15 — Area Assembly (10 a.m. to 4 p.m. Inventory)

Alco-Aides Club

2206 E. Third St., Dayton, OH

• Breakfast on Sundays, 8 a.m. to 9:45 a.m., before the 10 a.m. lead meeting. $5 buys eggs, home fries, bacon or sausage, toast or biscuits, juice and small coffee.

• Artists wanted to display artwork in our card room. Call Terry at 254-0067.

• Volunteers needed to work at our food counter. Must be at least 30 days sober. Earn cash by the tips that you make. Call Terry or Miranda at 254-0087 or stop in and apply.

• Alco-Aides houses the Dayton Area Intergroup Archives.

• Saturday Breakfast Club 8 a.m. until noon. All-you-can-eat-pancakes $2.50+ tax.

• You can rent the card room for as little a $10 for your event.

• Saturday, April 7, 6 p.m. Anniversary Dinner foranniversarys the months of January, February, March and April. Turkey Hot-shots, mashed potatoes, green beans, and dessert. $5 for adults, $3 for children. Speaker meeting at 7 p.m.

• Saturday, April 14, 8 p.m., KARAOKE with DJ Gonzo Dave. Free admission. Family friendly event.

• Saturday, April 21, 3 p.m. to 8 p.m. OYPAA Fish Fry.

• Saturday, April 28, 8pm, KARAOKE with DJ Gonzo Dave. Free admission. Family friendly event.

• Saturday, May 5, 11 a.m. to 4 p.m. Mother’s Day Bouquet Bazaar. We will have various vendors displaying their crafts for sale: jewelry, homemade linens and cards, Tupperware, paintings and more, also a bake sale, Cinco de Mayo menu.

• Saturday, May 12, 8 p.m. to midnight Mother’s Day Dance with DJ Gonzo Dave. Admission is $5 for non-members, $3 for members, $1 for children. Door prize and 50/50 with special menu.

• Friday, May 25, 6:30 p.m., Friday Nite Summer Cookouts start. Every Friday night until Labor Day after the Happy Hour meeting until closing, hamburgers and hot dogs from the grill, $3 a plate.

• Saturday May 26, Holiday Cookout with Car Wash from 1 p.m. to 4 p.m., hamburgers and hot dogs from the grill, $3 a plate and donations for the car wash. Ice Cream Social at 6 p.m., $1 a scoop. And KARAOKE at 8 p.m., a family friendly event with DJ Gonzo Dave and free admission.

• Sunday and Monday, Memorial Day Weekend, May 27 & 28, Holiday Cookout 1 p.m. to 9 p.m. Hamburgers and hot dogs from the grill, $3 a plate.

The Four Absolutes: A Spiritual Retreat for A.A. Women at Maria Stein April 20-22

Please do not arrive before 5 p.m. Check-in opens at 6 p.m. Friday. Retreat ends Sunday at noon.

Location: Spiritual Center of Maria Stein, 2365 St John’s Road, Maria, Stein, OH

Cost: $135.00, paid in full (no refunds)

Deadline for reservations by check Friday, April 6. Cash only after that date.

Make checks payable to: WOMEN’S RECOVERY RETREATS

Send name, phone and email to: Judy Burton, 912 Kent Ln., Troy, OH 45373

For more information, call: Judy Burton (937) 339-1966 -jeburton@woh.rr.com

Bring personal items, alarm clock, notebook and your favorite snack to share for Friday night fellowship.
March 8 Intergroup minutes

CHAIR: Kathy H. khassig@gmail.com
SECRETARY: Andi R. garandmd@gmail.com
VICE CHAIR: Tony H. hguayu@gmail.com
TREASURER: Jim T. interbetal@gmail.com

Welcome: Kathy H. opened the meeting with the Serenity Prayer. Phil B. read the Preamble and Dan W. read the Twelve Traditions.

Announcements: Kim G. announced the Northside Fellowship Club Spaghetti Dinner April 7.

Howie R. brought 2018 meeting schedules.

Chuck R. brought flyers for the MW2 men’s workshop at Butler Springs March 16-18.

Angie J. announced the Area 56 Mini-Conference March 16-18 at the Dayton Marriott near UD and asked for folks to bring food to the hospitality suite.

Howie R. suggested that someone relieve Glenn S. as Intergroup Coffee maker since he has been doing it for several years. Volunteers will be trained by Glenn.

A.A. Birthdays: Angie J. 17 years, Dan W. 12 years.

New Representatives: None.

Secretary’s Report: Colleen is taking minutes for Andi who had surgery. Kim will get minutes posted on our website. Kim also announced that because of trouble with email account, the new email has been set up: DaytonIntergroup@Yahoo.com

Treasurer’s Report:

Opening balance $24,185.72
Deposit $783.68
Total Checks (Service Charge) $7,385.30
Closing balance $17,584.10

Big Change from Small Change Balance $3,864.55

CD Balance $5,450.79

Big Change from Small Change Contributions

NOTE: Anyone taking meetings into correctional facilities may contact Central Office or the corrections chair for information on how to access this fund for literature.

Group Name February YTD
Anonymous $7.00 $7.00
Dan S. Can $138.50 $130.50
Englewood Friends $20.00 $20.00
Full Measures $60.00 $60.00
Huber Heights Serenity $80.70 $80.70
No Name Gpl-Yellow Springs $166.93 $234.56
Ontario Group $32.00 $113.00
Sisters in Sobriety – NFC $3.50 $3.50
S.M.A.R.T. Group – CRC $43.00
Spiritual Maintenance – CRC $59.35 $123.10
Trinity East $61.00
Trotwood $33.20 $61.45
Vandalia Thurs. AM $21.10
Washington Church $136.00 $136.00
Zippo $20.00 $20.00
Checks written $274.15
Monthly Balance $479.53
Ending Balance $3,864.55

Central Office Report: Kim G.

Night Owl volunteers should let Central Office know how many calls they received.

Still seeking 12-Step volunteers.

Only 25% of the groups are contributing to Central Office. More groups are needed to carry their weight.

Full report on Page 7.

Archives: Tom M.

Will have a display at the Intergroup Banquet May 5.

Archives is always looking for anything members would like to add to archives located at Alco-Aides Club.

Heating problems at Alco-Aides are being fixed.

Area 56 news

In “Alcoholics Anonymous Comes of Age” page 280, Bernard Smith, a non-alcoholic Trustee and friend of A.A., understanding the impact it would have for generations to come, reminds us of the importance of having a structure of service in place in the General Service Board, the General Service Conference, and the many service agencies that perform the essential daily tasks of carrying the A.A. message throughout the world.

Bill W. described this structure of service as a Legacy, deserving the same attention given to the First Legacy, the Twelve Steps and the Second Legacy, the Twelve Traditions.

But this Third Legacy has “a string to it.” The “string” is that we are given the use of this legacy for our lifetime under the condition that we will not only look after it, but increase its spiritual content for the generations to come.

Each succeeding generation, as it receives the Legacy, must protect it, employ it, gain life by it and pass it on to the next generation with an enriched spiritual content.

He goes on to write, “Our obligation is to insure that this Fellowship survives, that this beacon of light of hope for the world must never be extinguished.”

“We need a conference to insure that the changes that come from within A.A. reflect the changes and responses of all A.A. and not of any few.”

I look forward to sharing with all of you the results of voting, discussions and outcomes of my experience, strength and hope from the 2018 conference after my trip to New York in April.

We must continue to practice the rebirth that brought our first members back to life.

Early spiritual leaders, Jesuit Father Edward Dowling, and Episcopal priest, Dr. Samuel Shoemaker helped to shape the spiritual principles that nurture our Fellowship today. — Jenny C., Area 56 Delegate Agenda Committee

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February 2018 Central Office Report

<table>
<thead>
<tr>
<th></th>
<th>SALES</th>
<th>% CHANGE</th>
<th>CONTRIBUTIONS</th>
<th>% CHANGE</th>
<th>COMBINED</th>
<th>%CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb</td>
<td>$5,374.87</td>
<td>-9.6%</td>
<td>$4,359.77</td>
<td>17.1%</td>
<td>$9,734.64</td>
<td>2.24%</td>
</tr>
<tr>
<td>Y-T-D</td>
<td>$10,365.49</td>
<td>-10.3%</td>
<td>$9,396.82</td>
<td>9.8%</td>
<td>$19,762.31</td>
<td>-0.73%</td>
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</tbody>
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Sales were down almost 10% in February when compared to 2017. Fortunately, contributions were 17% higher than February 2017. Combining sales and contributions gave us positive 2.24% change from February 2017 but the Y-T-D totals have us down by three quarters of a percent.

We are still seeking 12-Step volunteers to visit sick people in the hospitals and nursing homes, call new people who need to talk, take a person to a meeting, and do other 12-Step service. If you want to volunteer for the 12-Step list please contact Central Office of Dayton at (937) 222-2211 or at centraloffice@aadaytononline.org.

The 2018 Meeting Directories are in at Central Office. Please come by the office anytime from 9 a.m. to 4 p.m. Monday through Friday and 9 a.m. to noon Saturday for all of your literature needs.

– Kim Galloway ~ Manager, Central Office

Acceptance pamphlets available

Central Office has found another publisher for the Acceptance pamphlet. These were unavailable for a few months after the old publisher discontinued the title.

Good buys

Central Office of Dayton, Inc. has various types of literature and recovery related items for sale. Whether it’s reading material, meeting guides, tokens, or gifts, your Central Office has a great selection of items for sale. Stop by soon and shop local!

- A.A. Conference approved literature
- A variety of recovery related literature
- Lead CDs and Joe & Charlie CD sets
- Recovery related gift items that include key tags, bracelets, token holders and lapel pins, tokens both fancy and plain.

41st Dayton Area Intergroup Banquet
Saturday, May 5

Fellowship: 6 p.m. • Buffet: 7 p.m.
Lead: 8 p.m. • Speaker: Mary Anne L., Cincinnati
Where: Ponitz Center, Building 12, at 4th and Perry Streets downtown
Parking: Free in Ponitz Center’s underground garage
Tickets: from Central Office, 120 W. 2nd St., Liberty Tower, Suite 211, Dayton, OH 45402 • (937) 222-2211 • $25 each, or $200 for a table for 8
All ticket sales will be handled through Central Office.
Tickets reserved in advance must be paid for or returned by Tuesday, April 24. Remaining tickets will be sold first-come, first-served at Central Office.
Final day of ticket sales is Tuesday, May 1.

Help wanted to start meetings

St. Vincent de Paul is seeking A.A. members to start meetings at the Men’s Shelter at 1921 S. Gettysburg Ave. Dayton, OH 45417, and the Gateway Women’s Shelter at 120 W. Apple St., Dayton, OH 45402. These meetings are tentatively scheduled for Wednesdays from 5:30 to 6:30 p.m. Contact Warren G. (937) 409-7560 or warreng1aa@gmail.com for information.

Kettering Behavioral Medical Center (KBMCh) at 5350 Lamme Lane, Moraine, OH 45439. Attend Thursdays at 7:30 p.m. Contact Doug M. (937) 534-4648. Orientation will be given.

Central Office February Report

TELEPHONE ACTIVITY
A.A. Related Calls.................................................419
Twelve Step Calls...................................................3
Al-Anon & Narcotics Anonymous.........................5
Nite Owl.............................................................36
Emails..............................................................23
Miscellaneous.....................................................0
Total Calls......................................................486

FINANCIAL SUMMARY
BEGINNING BALANCE........................................$13,331.86
INCOR
Group Contributions (includes Birthday Club) .... $4,359.77
Literature Sales.....................................................5,374.67
Outstanding Checks ..............................................50.00
* Total monthly income......................................$9,794.64
TOTAL..........................................................$23,116.50

EXPENSES
Rent and Utilities.................................................$385.00
Phone, listing, Internet-includes Night Owl.........$208.04
Parking.............................................................$135.00
Accounting Service & Legal Fees .....................$37.50
Wages..............................................................$2,357.46
Printing Expense.....................................................2,103.36
Office Supplies and Expenses .........................$342.64
Literature Purchases..........................................$3,284.44
Postage-Freight.................................................$49.81
Taxes-WH-State-Local-Sales Tax-BWC...............$1,196.26
Merchant Services Expense .........................$342.64
Contributions-OYPAA. Area 56 .....................$200.00
Adjustment to balance ......................................$-
* Total monthly expenses .....................$10,477.92
MONTH END BALANCE ......................................$12,658.58

* NOTE: February income did cover February
expenses. If your group does not support Central
Office, Area 56 and GSO, ask why!

Dayton Area Central Office
120 W. 2nd St., Liberty Tower, Suite 211
Dayton, OH 45402
(937) 222-2211
http://aadaytononline.org
centraloffice@aadaytononline.org

Credit cards are accepted!
Monday through Friday, 9 a.m. to 4 p.m.
Saturday 9 a.m. to Noon
Books, CDs, tokens, jewelry, book covers

Central Office has a great selection of items for sale. Stop by soon and shop local!

Good buys

- A.A. Conference approved literature
- A variety of recovery related literature
- Lead CDs and Joe & Charlie CD sets
- Recovery related gift items that include key tags, bracelets, token holders and lapel pins, tokens both fancy and plain.

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February Contributions

NOTE: Groups that did not contribute in the past 12 months will not be listed unless they contribute.

CLUB GROUPS.................February......... YTD
ALCO AIDS
Saturday “Early Bird”........................................ $-

CROSSROADS
Attitude Adjustment........................................ $-
Big Book Study Group (Sunday).......................... $60.00
Emotional Sobriety Mon.5:30.........................$192.00 ...$192.00
Fast Group 5:30 Fri.........................................$192.00 ...$192.00
Forest Park................................................................ $90.00
Hump Group 6:30 Wed.................................$192.00 ...$192.00
It’s In The Book.................................................$60.00 ...$60.00
Keep It Simple..................................................$-
Noon Ego Busters..........................................$-
S.M.A.R.T............................................................$-
Sat. Before Sat. Night........................................$-
Spiritual Maintenance......................................$73.07
This is Your Meeting YPAA-DAY........................$-
Thurs. Serenity................................................$-
Time for Joy.....................................................$-
We Care Group...............................................$60.00 ...$60.00
Wed. Night Men...............................................$-
Wed. Night Women.........................................$60.00 ...$60.00
Woman To Woman Saturday...........................$60.00

NORTHSIDE FELLOWSHIP
A Message Of Recovery......................................$-
Beginner Meeting..............................................$-
Bill W. Big Book Disc......................................$-
Celebrating Sobriety........................................$-
Daily Reprieve Group......................................$-
Deeper Reed....................................................$-
Discovery Group.............................................$-
Monday AM.....................................................$-
New Beginning................................................$-
Page Manor....................................................$-
Sisters In Sobriety..........................................$-
Steps Tuesday................................................$-
Take The Steps-Elevator’s Broke........................$-

SOUTHSIDE
3 M Men’s Discussion......................................$120.00
541 Group........................................................$58.00
A Way Of Life..................................................$-
Beyond Group Wed AM....................................$180.00 ...$180.00
Fri. Big Book....................................................$120.00 ...$120.00
Bigger Than Life Group....................................$-
Bring Yr Own Brown Bag..................................$60.00 ...$60.00
Chairman’s Choice Thurs...............................$-
Gaasy Group....................................................$-
Happy Hour...................................................$30.00 ...$30.00
Joe & Charlie..................................................$22.00 ...$22.00
Leaving Go.....................................................$-
Over The Hump Step........................................$-
One day At A Time..........................................$-
Self worth Development....................................$-
Serenity Sunday Morning..................................$-
Newcomers Group..........................................$-
Sharing She’s..................................................$-
Sister’s Step Study...........................................$-
Upon Awakening.............................................$160.20 ...$160.20
Wednesday Noon Step....................................$-
Women’s Sober Connection..............................$-

SPRINGBORO/FRANKLIN
Living in the Solution......................................$66.07
Mid-Day Sobriety Groups...............................$659.32 ...$659.32

WESTSIDE CLUB
A Way Of Life..................................................$45.61
Big Book Disc Sunday.....................................$-
Sunday Morning Delphos..................................$50.00

NON-CLUB GROUPS.............February......... YTD
A B Big Book..................................................$198.00 ...$198.00
A Vision For You.............................................$310.00
Acceptance In The Heights..............................$-

Aley-Beaver Acceptance Thurs.........................$199.24
Aloha at the Gate...........................................$60.00
Back To The Basics........................................$-
Beavercreek Wake-up.....................................$60.00 ...$60.00
Beavercreek Wed Night.................................$-
Bellbrook Monday Night...............................$15.00
Bill’s Bunch...................................................$-
Brown Bag CEC.............................................$9.00
CADAS Group...............................................$-
Cedarville Village Group...............................$-
Coldwater Friday Night.................................$-
Complete Abandon........................................$-
Covington Tri-City Group..............................$50.00 ...$50.00
Downtown Group..........................................$-
Englewood Friends........................................$50.00 ...$50.00
Evening Of Hope............................................$-
Fairborn Flimsy Reed.....................................$-
Fairborn Group Tues......................................$-
Fairborn Hilltop Group.................................$100.00
Fairborn Just Us Gals Getting Sober.....................$166.50
Fairborn Working On It...................................$187.00
Fairborn St. Mark’s Tues.................................$25.00 ...$25.00
Friday Night Live............................................$-
Germantown Group Friday..............................$240.00
God Help Us-New Carlisle..............................$-
Grape vine at Brookville.................................$613.00 ...$613.00
Greenville - Do Not Take So Ser........................$-
Greenville - Brown Bag...................................$-
Hart Street....................................................$220.20
Harvest Of Hope............................................$-
Honey Creek NC............................................$-
Hot Stove Group............................................$-
How It Works................................................$-
Huber Serenity.............................................$62.42
Huber True Feelings......................................$82.50
I Can Group...................................................$100.00
In the Heart of It All.......................................$-
Introduction To The Steps..............................$-
Kottering Rebels............................................$-
Lampighter Spiritual Group............................$103.11
Language Of The Heart....................................$-
Lebanon 12x12..............................................$-
Lebanon Wed. Disc........................................$100.00
Lincoln Park..................................................$-
Living Sober-Lamme Rd.................................$100.00 ...$100.00
Maple Grove Group.......................................$-
Medway Full Measure Group............................$-
Miamisburg Big Book Disc.............................$-
Miamisburg Burger Group Sun.........................$26.53 ...$60.66
Miamisburg One Step Closer............................$164.00
Middletown Spiritual Maintenance..................$-
Minister Down to Earth Group.........................$-
Montezuma 12 & 12........................................$-
Moon City Wapak..........................................$-
Needmore Sobriety........................................$-
New Lebanon................................................$120.00
Nut Rd Fri....................................................$-
Nut Rd Thurs...............................................$-
O.C.M.C. We Ain’t Saints...............................$100.00 ...$100.00
One Day At A Time ODAT-Kett..........................$100.00
Ontario Group..............................................$181.00
PAL Group...................................................$-
Pass It On - Fairborn......................................$76.00
S Group.......................................................$-
Saturday A.M. VA Meeting.............................$-
Saturday’s Special.........................................$125.00
Shared Beginnings Oakwood............................$300.00 ...$300.00
Sidney Noon................................................$-
Sobriety For Lunch Bunch..............................$82.00
SOS Groups..................................................$186.00
St. Francis...................................................$90.00
St. Marks Group..........................................$-
Step Heads...................................................$-
Study The Solution........................................$-
Sunday Big Book..........................................$-

Thanks for Being There....................................$-
This Chip of a Book........................................$-
Tipp City Group............................................$-
Trinity East...................................................$42.00
Trinity West..................................................$60.00 ...$60.00
Trotwood Group............................................$-
Troy Green and Growing...............................$-
Troy Spirituality Group...................................$90.00
Troy Trinity Sunday........................................$-
Troy- Saturday Morning Men’s.........................$-
Troy- Wed. 12 & 12 Group...............................$-
Troy-The Best Is Yet To Come..........................$-
Valley Group...............................................$-
VAMC Group VA Center.................................$-
Vandalia Fri Night...........................................$150.00
Vandalia Thurs AM........................................$260.00 ...$495.00
Washington Church Road Group.....................$-
We Anestics Too............................................$90.00 ...$90.00
Wed Women Grp, Aldersgate..........................$-
Welcome Back Step.......................................$205.80
West Alex Tues. Noon....................................$-
West Carrollton-Living Sober..........................$-
West Carrollton Step Tues................................$-
West Carrollton Thurs....................................$-
West Milton Monday.......................................$95.00 ...$95.00
Wilmingtn-Put it togh/Keep it togh.................$-
Women’s Under Construction.........................$134.40
Xenia Early Risers Tue/Fri/Fri.........................$-
Xenia Grow Up............................................$153.00
Xenia Hope Spot...........................................$60.00
Xenia Turn it over Big Book............................$84.00
Yellow Springs No Name...............................$28.44 ...$28.44
Yellow Springs Sunday.................................$-
Zippo Group................................................$120.00 ...$120.00

ANONYMOUS CONTRIBUTIONS
Made at Central Office.....................................$18.28 ...$69.28
Anonymous..................................................$40.00 ...$40.00
Birthday Club - Ann P....................................$30.00 ...$30.00
Birthday Club - Lee G.................................$30.00 ...$30.00
Birthday Club - Rex R.....................................$35.00 ...$35.00
Birthday Club - John C.................................$38.00 ...$38.00

TOTAL.........................................................$4,359.77 ...$9,396.82

Northside Fellowship Club
Presents the
32nd Annual
Spaghetti Dinner
April 7, 2018
Sulphur Grove UMC
7505 Taylorsville Rd.
Dayton OH 45424
Fellowship 5 p.m.; Dinner 6 p.m.; Lead 7 p.m.
Lead Speaker Brenda A.
Pre-sale tickets end April 1 @ 7 p.m.
NFC Members $12 (limit 2); non-members $15
Doors Sales $17 for EVERYONE who pays on
April 7th
RESERVE A TABLE FOR 8 FOR ONLY $110
Fantastic door prize!
50/50 RAFFLE & Gift Card/Gift basket RAFFLE
For tickets or to reserve a table call:
Bill M. (937) 689-8889 or Kim G. (937) 522-1882

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